



P.E Long Term Overview

	Autumn Term		Spring Term		Summer Term	
Year 1	Indoor: Yoga Outdoor: Netball	Indoor: Dance Outdoor: Throwing and catching	Indoor: Gymnastics Outdoor: Orienteering	Indoor: Gymnastics Outdoor: Football	Indoor: Circuit Outdoor: Athletics	Indoor: Dance Outdoor: Tennis
Year 2	Indoor: Gymnastics Outdoor: Throwing and catching	Indoor: Yoga Outdoor: Netball	Indoor: Dance Outdoor: Orienteering	Indoor: Gymnastics Outdoor: Football	Indoor: Circuit Outdoor: Athletics	Indoor: Dance Outdoor: Tennis
Year 3	Indoor: Yoga Outdoor: Netball	Indoor: Dance Outdoor: Hockey	Indoor: Gymnastics Outdoor: Orienteering	Indoor: Gymnastics Outdoor: Football	Indoor: Dance Outdoor: Athletics	Indoor: Handball Outdoor: Rounders
Year 4	Indoor: Yoga Outdoor: Netball	Indoor: Dance Outdoor: Hockey	Indoor: Gymnastics Outdoor: Orienteering	Indoor: Gymnastics Outdoor: Football	Indoor: Dance Outdoor: Athletics	Indoor: Handball Outdoor: Rounders
Year 5	Indoor: Yoga Outdoor: Netball	Indoor: Dance Outdoor: Hockey	Indoor: Gymnastics Outdoor: Orienteering	Indoor: Gymnastics Outdoor: Tag Rugby	Indoor: Dance Outdoor: Athletics	Indoor: Handball Outdoor: Rounders
Year 6	Indoor: Yoga Outdoor: Netball	Indoor: Dance Outdoor: Hockey	Indoor: Gymnastics Outdoor: Orienteering	Indoor: Gymnastics Outdoor: Tag Rugby	Indoor: Dance Outdoor: Athletics	Indoor: Handball Outdoor: Rounders