



RSE & PSHE Long-term plan

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|-----------------|------------------------|------------------|-----------------|------------------------|---------------|
| EYFS | Self-regulation | Building relationships | Managing self | Self-regulation | Building relationships | Managing self |
| Year 1 | My healthy self | Connecting with others | The online world | Citizenship | Health protection | Staying safe |
| Year 2 | My healthy self | Connecting with others | The online world | Citizenship | Growing up? | Staying safe |
| Year 3 | My healthy self | Connecting with others | The online world | Citizenship | Health protection | Citizenship |
| Year 4 | My healthy self | Connecting with others | The online world | Citizenship | Growing up | Staying safe |
| Year 5 | My healthy self | Connecting with others | The online world | Citizenship | Growing up | Citizenship |
| Year 6 | My healthy self | Connecting with others | Online world | Citizenship | Staying safe | Sex education |