

PSHE - Long Term Plan



IMPLEMENTATION Communication and Language Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions; Make comments about what they have heard and ask questions to clarify their understanding; Hold conversation when engaged in back-and-forth exchanges with their teacher and peers. Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary; Offer explanations for why things might happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems when appropriate; Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher. Personal, Social and Emotional Development Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; Explain the reasons for rules, know right from wrong and try to behave accordingly; Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices Work and play cooperatively and take turns with others; Form positive attachments to adults and friendships with peers; Show sensitivity to their own and to others' needs						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Keeping/Staying Safe	Keeping/Staying Healthy	Relationships/ Growing & Changing	Being Responsible Feelings & Emotions	Computer Safety	Our World The Working World
Year 1	Road Safety	Washing Hands	Friendship	Water Spillage - Jealousy	Online Bullying	Growing in Our World
Year 2	Tying Shoelaces	Healthy Eating / Brushing Teeth	Bullying / Body Language	Practice Makes Perfect - Worry Helping Someone in Need - Anger	Image Sharing Computer Safety Documentary	Living in Our World Working in Our World
Year 3	Leaning out of Windows	Medicine	Touch	Stealing - Grief	Making Friends Online	Looking After Our World
Year 4	Cycle Safety	Healthy Living	Appropriate Touch (Relationships)	Coming Home on Time - Jealousy	Online Bullying	Chores at Home Breaking Down Barriers
Year 5	Peer Pressure	Smoking	Puberty	Looking Out for Others - Anger	Image Sharing	Enterprise Inclusion and Acceptance
Year 6	Water Safety	Alcohol	Conception	Stealing - Worry	Making Friends Online	In-App Purchases British Values

The units above are based on the 1Decision Programme. They may be adapted to suite the specific needs of current cohorts.

Whilst there is use of their sequenced planning and resources teachers and leaders continually develop and adapt teaching to meet the needs of the individual class and any significant incidents that may need addressing within the class.

The above model is planned to be progressive and all units begin with a baseline that recaps prior learning and allows pupils to refresh and embed their skills and knowledge and finishes with an end point assessment.