

New course
Sorry no crèche
available

Parenting Teenagers



A Parenting course by Family
Caring Trust

Struggling with your teens' behaviour; is everything a challenge?

If your teen is aged between 11-18 years, then this programme could be for you.

Learn new skills on how to manage
challenging behaviour.

Understand and adapt to changes in their
behaviour as they grow up.

Setting appropriate boundaries for teenager's



**This is a FREE ADULT course which will run for 6 weeks at:
Contact Houses, The Old House, Eastern Avenue, Lichfield,
WS13 7SQ**

Starts: 5th February 2019 (not half term week)

Time: ...9:30am to 11:30am

If you are interested in attending, please email/ ring
LichfieldDistrictLSTInbox@Staffordshire.gov.uk
01543 334797



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